# The Fortnightly Gallery







# Defence School News

Defence Families – We'd Love to Hear from You

If you have a loved one who is currently deployed, on exercise or training, or otherwise away from home, please let me know so we can offer support.

Defence Kids Club runs every Monday and Friday during first lunch – bring your water bottle, hat, lunch box, and a friend!

Please email :kholliday@sacc.catholic.edu.au



Attention all Prep Defence
Students! Kids Club is
kicking off next term —
keep an eye out for your
special invitation coming
soon!



# CONGRATULATIONS

We're proud to celebrate Fraiser on completing the St Vincent de Paul Ozanam Leadership Program. This achievement reflects his dedication to service, leadership and making a positive impact in the community. Well done, Fraiser!





Our school's Teen Vinnies group gives students the chance to live out the values of St Vincent de Paul through service, fundraising and awareness activities. It's a great way for young people to build empathy, leadership and a spirit of social justice.



Congratulations to Ethan Bottcher becoming Francis House Captain 2026

## **EVENT REMINDER**

#### Child of the ADF Medallion Ceremony - Friday 19 September



https://www.eventbrite.com.au/e/an-adf-families-event-child-of-the-adf-medallion-ceremony-townsville-tickets-1435806398589?aff=oddtdtcreator

#### **KEEP UP TO DATE WITH DMFS EVENTS!**

#### My Dad & Me: Silly Scientists - 27 September



ADF Dads and father figures join us as we garner our inner 'Mad Scientist'.

Come along and take part in science experiments for children.

For outside play, don't forget your hat, sunscreen and water bottle.

We'll provide morning tea, however, feel free to bring a healthy snack for your children if preferred. As always, this is a mum free zone, please give her the morning off.

Date: Saturday 27 September 2025 Time: 0930-1130 Venue: Geckos Family Centre, Lavarack Barracks

https://www.eventbrite.com.au/e/an-adf-families-event-my-dad-me-silly-scientists-dmfs-townsville-tickets-1627027405769?aff=oddtdtcreator

#### DMFS & Battlefield to Footy Fields - NRL Kids Coaching

Clinic - 1 October



Bring the kids for a fun day of rugby league at our NRL Coaching Clinic for

kids aged 6-12 years old.

All skill levels welcome - learn to pass, kick and score with friendly coaches. Plus, enjoy a free BBQ and awesome giveaways.

Come along, get active, and join the footy fun with other Defence kids!

Date: Wednesday 1st October 2025 Time: 8.30am – 1.00pm

Venue: Joe Baker field, James cook University

 $\underline{https://www.eventbrite.com.au/e/an-adf-families-event-nrl-kids-school-holiday-coaching-clinic-tickets-\\ \underline{1619399169509?aff=oddtdtcreator}$ 

#### My Dad and Me - Fishing Fun, Townsville



It's October's My Dad & Me and this month, we're going fishing!!

Townsville ADF Dads and their kids are invited enjoy some
bonding time while fishing of the banks off the serene Ross Creek.

#### Date and time Sat, 11 Oct 2025 10:00 AM - 1:00 PM AEST

https://www.eventbrite.com.au/e/an-adf-families-event-my-dad-and-me-fishing-fun-townsville-tickets-1627032280349?aff=oddtdtcreator

#### Defence discount - Nitro Circus - 25 October



Hold on tight as Nitro Circus is coming to Townsville for one night only with

their most explosive show ever!

See the world's best athletes throw down BMX world firsts, death defying

FMX stunts, the legendary Ring of Fire, wild explosions... and the most

dangerous — and hilarious — Dunny Race you've ever seen!
In recognition of our Garrison City and the Defence Community,
Nitro

Circus is offering a 20% discount to Defence Personnel and families!

As an ADF Staff Member and family member, they're giving you the chance to experience family-fuelled fun and heart-pounding action at Queensland Country Bank Stadium on 25 October with 20% off Premium, A, B & C-Res tickets.

Don't miss out! Book your tickets NOW.
\*Offer valid for Platinum, All A res incl Family, All B res Incl Family and C
res seats, not ULT VIP, VIP and GA.

https://www.ticketmaster.com.au/event/25006185F6D4352B?did=cowb

#### Kookaburra Kids



Kookaburra kids Townsville offers FREE camps, activity days, and age-appropriate mental health education focused on building resilience and coping skills, while providing a supportive environment for children to connect with peers facing similar challenges.

If the young person is: Relocating to a new area, Difficulty making friends, Family members who are Veterans, Mental health concerns such as depression, anxiety, or PTSD Family members often away from home, Anxiety in siblings, or even just needing to meet new people.

REFER via website; https://kookaburrakids.org.au/getinvolved/refer/

Once you have gone through our process then you can apply for our Activity days, connect sessions or camps.

https://kookaburrakids.org.au/booking-system/

19-21 September – Tarmaroo Camp, Townsville

### **Open Arms Group Program Schedule**



https://www.openarms.gov.au/get-support/programs-workshops/upcoming

#### WHAT'S ON AT THE OASIS



https://www.theoasistownsville.org.au/whats-on# blank



Here for those impacted by service.

https://calendar.google.com/calendar/u/0/embed? src=4efo803ss25cse84m02pfh2tm0@group.calendar.google.com&ctz=Australi a/Brisbane

## **Defence Member And Family Helpline**

## 1800 624 608

For advice, support or local community information, contact our all-hours Defence Member and Family Helpline. Run by Defence Member and Family Support, the helpline is the best way to access the programs and services that we offer to help Defence families manage the military way of life.

The helpline is available 24/7 and is staffed by qualified human services professionals, including social workers and psychologists.

https://www.defence.gov.au/adf-members-families